

## **Patient Information**

Dear Patient.

The AquaSplint thermo is an innovative and comfortable dental splint. It provides effective help in the diagnosis and therapy of "TMD / temporomandibular joint dysfunction" and the a ssociated diseases such as neck disorders, headache, blockages, moderate sleep apnea and tinnitus.



The aqua balance between the two water pads relaxes the muscles, harmonizes the bite and can thus contribute to rapid pain relief.

We recommend that the application be carried out by professionals!

Wearing time: 8 hours at night and 2 hours a day, for approx. 4 weeks, strong grinding and sharp edges on dentures / tooth crowns can shorten its life time, the leakage of the water-glycerin filling is harmless to health.

Please wear the AquaSplint the way at least 2 hours immediately before each dental check-up.

You should clean the AquaSplint thermo with a soft toothbrush / toothpaste before and after wearing it, the splint should also not be exposed to direct sunlight.

We hope that you get well soon!



AquaSplint thermo is a quality product made in Germany



Your team