

Dear Patient,

You have just got an AquaSplint mini, which simplified TMJ bite splint that helps with many problems, just the following:

- Quick pain-relief
- Muscles relaxation
- Typical TMJ symptoms like for example: Jaw pain, Migraines, Tinnitus, Facial- and headache, blockages, Cervical syndrome, Stress syndrome, sleep apnea etc.
- Repealing existing forced bite

AquaSplint mini consists two water-pillows through a tube which contains an integrated archwire that helps the splint to take the arch form. The water-pillows allows the jaw to balance itself and reposition itself to its natural position.

AquaSplint mini can be applied to both the lower and upper jaws. You are recommended to try it on both jaws to assess which is more comfortable to have the splint on.

You should wear the AquaSplint mini 10 hours daily (8 hours through the night and 2 hours through the day) in order to achieve successful results. We recommend you to start wearing AquaSplint mini for 30-120 minutes at the beginning, and gradually increase it to the recommended 10 hours.

When worn for 10 hours, the AquaSplint mini has a lifespan of 4 weeks (approx.)

In case of sharp teeth edges, heavy grinding, sharp edges of prosthesis teeth, or teeth crowns the lifespan can be affected. If the water-pillows were damaged inside of your mouth, there is no need to panic as it is filled with Water-Glycerin which is not harmful.

AquaSplint mini should be cleaned before and after wearing. We recommend using a soft toothbrush with little toothpaste with minimal pressure.

This splint provides an effective instant aid. It is the first step towards diagnostics and therapy of TMJ disorders. It does not replace professional medical care (e.g. dentists, orthodontists).

We wish you get well soon.

